



*When I heard about CRUSH I was worried about the types of people I would meet and if they would judge me, turns out I met the kindest people and we all respect each other for who we are.*

*My hopes and expectations were that I would be able to understand (the difference between) an abusive relationship from a non abusive relationship more clearly. I wanted to attend CRUSH because I thought it would help me overcome what I have experienced in the past and help me get over my fear of being in a new relationship.*

**16-year-old who attended CRUSH**



Supporting victims of domestic abuse

**Gloucestershire Domestic Abuse Support Service**

**Free and Confidential Service**  
**0845 602 9035**

[support@gdass.org.uk](mailto:support@gdass.org.uk)  
[www.gdass.org.uk](http://www.gdass.org.uk)  
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Gloucestershire Domestic Abuse Support Service (GDASS) is delivered by GreenSquare Group and Splitz Support Service. Both organisations are experienced in delivering domestic abuse services in the region.

# Services for young people

who are or have been affected by domestic abuse



*During the sessions the GDASS advisors worked with a variety of mediums such as short films, powerpoint presentations, quizzes and points for consideration and debate. The students found these to be accessible, thought provoking and honest.*

**PSHE teacher commenting on the Rae sessions**



If you would like to have any part of this leaflet explained further or translated, or put into a different format, such as larger print, please contact us to discuss your needs.



**Gloucestershire Domestic Abuse Support Service**



Supporting victims of domestic violence and abuse

**Free and confidential service**  
**0845 602 9035**

**This leaflet is for professionals working with young people and the community and outlines the services that Gloucestershire Domestic Abuse Support Service (GDASS) offers young people.**

GDASS offers support to anyone over the age of 16 years old who has experienced domestic abuse.

GDASS has developed services specifically for those aged between 16 and 21 years old.

**If you would like to find out more about any of these services, refer a young person onto one of these programmes, or to discuss programme availability, referrals and enquiries can be made by calling the GDASS helpdesk on 0845 602 9035. Alternatively, referrals can be made online.**

**Information line 01452 726584**

For young people who would like to discuss their options and get some advice around unhealthy relationships.

**YPVA (Young Persons Violence Advocate)**

GDASS has a member of staff who is specifically trained and accredited to support young people at high risk of serious harm from domestic abuse. The GDASS YPVA will work, on a one-to-one basis, on issues experienced by our younger clients and liaise with schools and other agencies to create a multi-agency plan to reduce the risk to the young person.

**Trust and Understanding Families Group (TUFG)**

TUFG is a group work programme working with mothers and their children to deal with the impact of Domestic Abuse. The group splits into two – so that the children are in their own sessions, working with GDASS to help them talk about and understand what has happened to them; their mothers are in a separate group to enable them to support their children with what they have learnt in their own sessions. This is run in conjunction with the Youth Support Team in Gloucester.

*The following are supported by Hollie's Young People*

**Young People's Project Co-ordinator**



This post has been funded by 'The Hollie Gazzard Trust' to develop the Rae (Relationships. Advice. Education) programme. The co-ordinator liaises with schools and young people's groups and projects to integrate healthy relationships workshops into them. If GDASS can raise awareness of abuse within relationships from an early age, we can start to prevent these relationships from happening.

**Rae (Relationships. Advice. Education)**



This programme has been developed by GDASS as a series of workshops that can be delivered to schools, youth groups and community groups. The programme is aimed at those starting to embark on relationships. It works with groups of young people to identify abusive tactics and understand the differences between healthy and abusive relationships. These sessions can also be delivered as assemblies. This programme has been designed to run alongside the work already being delivered by schools in their PSHE sessions. It is intended to build upon, and compliment, what is already being taught in these classes.

**CRUSH**



Created by West Mercia Women's Aid, CRUSH is a group work programme for young people aged 13-19 years old, who have witnessed or experienced domestic abuse. It is facilitated by GDASS and the Youth Support Team (YST) staff, who work with the young people to develop their understanding of abusive relationships and how this may have impacted on them. The young people who attend are closely monitored by the facilitators and the group is tailored to suit the support needs of the attendees.